

# Employment

## F-1 students

As an F-1 visa holder, you have 3 types of work authorization available to you:

### On-Campus Employment

- Allows for employment in any on-campus department
- Work up to 20 hours a week during the fall and/or spring semester
- More than 20 hours a week during breaks and holidays
- Employment does not have to be related to your field of study
- You do not need prior approval from the ISS

#### Eligibility

- In active F-1 student status with I-20 issued by Lynn University
- Currently enrolled at Lynn University

### Curricular Practical Training (CPT) off campus employment

CPT allows for off-campus employment related to your academic program

- Can be more or less than 20 hours a week (more than 20 hours a week requires verification that the work will not interfere with your academic course load)
- Must be directly related to your studies
- You must register for an internship course for the duration of the internship
- Prior approval required from the ISS, your academic advisor and the Center for Career Connections

#### Eligibility

- In active F-1 student status with I-20 issued by Lynn University
- Registered in an internship course at Lynn University
- Have completed an academic year (2 semesters) of full time enrollment

### Optional Practical Training (OPT) off campus employment

OPT is 12 months of off-campus work authorization available to you at each level of academic study (Bachelor's, Master's, Doctorate)

- Can be done before or after the completion of your degree (most students save this benefit for after graduation)
- Work after graduation must be 21 hours a week or more; OPT before the completion of your studies can be part- or full-time (+/- 20 hours a week)
- Work must be directly related to your major
- No more than 90 days of unemployment can be accrued when doing OPT after graduation
- Any changes to employment or contact information must be reported to the ISS within 10 days
- Prior approval from USCIS required; approval can take 90 days

#### Eligibility

- In active F-1 student status with I-20 issued by Lynn University
- Have completed at least 1 academic year (2 semesters) of full time enrollment

**Workshops on OPT and CPT held weekly in the ISS Office!**